

Stoke Orchard & Tredington Newsletter



February 2019

A Monthly Message

Valentine's Day celebrates love, usually the romantic or sensual kind. Love is one of the most powerful emotions we can experience; humans crave love from the moment of existence. Most Christians want to be generous, forgiving and compassionate enough to love people unconditionally but no matter how hard we try, our humaneness gets in the way and we fall short. One way of reducing this shortfall is in showing kindness – “love in action” – which is a practical expression of love. How as Christians do we become kinder?

Kindness always starts with noticing what is going on people's lives. The people you meet on the street need kindness, the people sitting next to you in the pew need kindness. Kindness starts with sensitivity. Kind people are supportive which means building people up rather than tearing them down. Kind words can build a bridge; harsh words can tear it down. Kindness is linked to sympathy – people appreciate it when you sympathise with them, when you grieve with them. When someone is experiencing a crisis, people feel awkward and don't know what to say. But actually it's not necessary to say anything. Just being there demonstrates kindness.

The word kindness appears in the Bible in many contexts and comes from the word *chrestos*, not to be

confused with *Christos*, which means Christ. A bible dictionary defines *chrestotes* as a grace which pervades the whole character, mellowing all that is harsh and austere. This Biblical kindness, *chrestos*, is harder and requires kindness of heart and action to people we don't know and people we do, including those we live with, day in, day out, especially in our families. The kindness God wants from us is not random but sustained. Anyone can do an act of kindness; it does not have to be big or flashy. However, it would be easy to perform the occasional act and get away with periodic goodness. In a community where kindness is practised, it becomes normal, expected and expressed in countless acts of daily life.

The novelist Henry James said three things in life are important: “the first is to be kind, the second is to be kind and the third is to be kind”.

Rabbi Heschel, near the end of his life, said “when I was young, I used to admire intelligent people. As I grow older, I admire kind people.”

For Valentine's day, instead of sending a card, why not consider an act of kindness? For when we are kind to one another, we find love.

Tessa Mills

Church Warden/Local Ministry Team

YOGA AT TREDINGTON

We are a small friendly group meeting each Wednesday afternoon from 2pm to 3.30pm at our newly refurbished village hall.

Our teacher is well qualified and experienced in teaching all levels, so if you want to improve your flexibility and learn to really relax, come and join us!

We would love to welcome you whether you are experienced or a beginner and help you shake off those February blues!

For details contact Val on 01684 290142



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Classes in
Stoke Orchard, Tewkesbury and Cheltenham

Contact Kim on 07933 651200

kimsjojingles@gmail.com

www.jojingles.com/centralglos





Stoke Orchard Community Centre

WEEKLY CLASS TIMETABLE FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:30 - 10:30 ZUMBA stokezumba@gmail.com	09:00 - 10:00 PILATES pilatesbycharlotte@gmail.com	09:30 - 11:30 TREDINGTON TEDDIES PLAYGROUP (TERM TIME ONLY)		09:30-10:30 PILATES gravity fitness@live.co.uk	10:30-11:30 ZUMBA stokezumba@gmail.com	09:00 - 09:30 KETTLERCISE HARDCORE tredtraining@outlook.com
10:30 - 11:30 PILATES gravityfitness@live.co.uk	09:45 - 10:30 BODY CONDITIONING tredtraining@outlook.com			10:30 - 11:30 BUGGY FIT gravity fitness@live.co.uk		09:30-10:00 KETTLERCISE LEAN tredtraining@outlook.com
12:00 - 13:00 PRE AND POSTNATAL PILATES tredtraining@outlook.com	14:00 - 16:00 19TH FEBRUARY U3A ART			11:30-13:30 JO JINGLES kimsjojingles@gmail.com	16TH FEBRUARY WRESTLING EVENT (TICKETS FROM WWW.SOUTHWESTWRESTLING.CO.UK)	
19:00-20:00 KETTLEBELLS joanpalmerbf@gmail.com	18:30-19:15 KETTLES tredtraining@outlook.com	19:00 - 20:00 ZUMBA stokezumba@gmail.com	17:30-18:30 GALAXY DANCE FOR OVER 9 YEARS tillytotpot@hotmail.co.uk	22ND FEBRUARY 19:30 RACE NIGHT PUB NIGHT		
	19:15 - 20:00 PILATES tredtraining@outlook.com	COMMITTEE MEETING 13TH FEBRUARY 19:00	19:30 - 21:00 HATHA YOGA sadieshawson@gmail.com			

**PRIVATE BOOKINGS
AVAILABLE CALL HELEN
ON 07437533132**

www.stokeorchardcommunitycentre.co.uk
www.facebook.com/stokeorchardcommunitycentre
info@stokeorchardcommunitycentre.co.uk



Stoke Orchard Community Centre

WINTER PUB NIGHTS

Join us at the Community Centre for our fortnightly pub nights on the following dates over the Winter months...

Friday 25th January 19:30
BINGO NIGHT

Friday 22nd February 19:30
RACE NIGHT

Friday 15th March 19:30
GOLD CUP NIGHT

Friday 29th March 19:30
PUB NIGHT

More details coming soon for the Bingo, Race and Gold Cup events.

All pub nights start at 19:30. Bring your family, friends and neighbours along. The bar will be open. (Please note all children must be accompanied by an adult)

www.stokeorchardcommunitycentre.co.uk
www.facebook.com/stokeorchardcommunitycentre
info@stokeorchardcommunitycentre.co.uk

Richard's Ramblings

January 2019

Last months' Newsletter contained a page about Remembrance Day and was written by Poppy, 6 years old and a pupil at Tredington School. Thank you Poppy, it was a very special tribute.

At the weekend, Saturday afternoon to be exact, I helped direct traffic after yet another car had reversed into a ditch in Tredington at 50 MPH. As soon as the Police arrived, I left to help a fellow Councillor install Dog Bins as requested in Stoke Orchard. By the next morning, I had two emails, quite understandable, about dog bins and another resident had telephoned to make a comment about the car in the ditch. Sunday afternoon I emailed County Highways with a page of photos about the accident and others. In three months' time - first week in May, we shall have the Parish Council Elections, an opportunity for you to consider joining the Parish Council and doing your bit to help and support your Community. The regular application forms will be available in due time. If you do not wish to become a councillor or have restricted time, it would be good if you would attend Parish Council Meetings to support your Council. We need to know what people want, we love to have help and support and it is really quite good to feel we get it right occasionally!!

The cost of producing the newsletter is now around £2500 each year and as a Council we are very aware of cost. We print nearly 500 copies each month and then I send out 90 copies by email each month. We could more than halve our costs if we could send the majority out by email and just print a smaller number - say 100 or so. As the Newsletter is

printed under the banner of the Parish Council, circulation by email is covered under GDPR by the Parish Council and is blind copied so emails are not shared. If you would be happy to receive the Newsletter by email please email using the details at the end of this Ramble. Out of interest, the original reason for hand delivering the Newsletter was to ensure that those who lived on their own always had somebody knock on the door each month which meant a lot to those people. Happily I know there are several in the Parish who maintain that tradition - thank you for that.

So if you are happy to receive the Newsletter by email please email to

sotpcnewsletter@gmail.com

in the Subject please add

Newsletter email

and in the body please add

**your name and the
first line of your address**

so we know where we do not have to deliver and your permission to use your email address for this purpose alone.

Back in the late 70's, as a family, we experienced the first of three burglaries. The other two were 1986 and 87 which led me to start the Neighbourhood watch in Tredington. Each one was a nasty experience and we understand the distress those who suffer similar experience feel to this day. Sometimes,

Richard's Ramblings

January 2019

however, one does remember the funny side of things. The second burglary was in the Summer and I was at the 3 Counties Showground at "Sheep 86" running our Chatham Brothers Ltd. stand selling sheep handling equipment. This Show marshal came up and asked me to ring the Police immediately. The police asked me to come home asap. and meet the detectives at the front door. By the time I arrived home, Lesley was back from work and the Mark and Emma back from School. Detective Constable Geoff Morgan met me at the front door. "Sorry Richard - they have been in your office and turned it upside down - stuff is everywhere - what a B...y mess - you will never

find anything". I walked in to my office - "No its ok, Geoff, they haven't been in here!! It is just as I left it this morning!!" Poor old Geoff was so upset. Anyway, the Police have circulated us to advertise their Community Alert Scheme. I have subscribed for some time now so here are the details. It is worth being aware of what goes on. Please take the time to log in. Any local details will arrive in your mail box as soon as available. The latest alert came through while I was writing this.



Sign up today for local news and alerts in your community.



By registering today you will receive news and appeals, local crime information and crime prevention advice - directly to you.

Registering with us is completely free.



It will also help your local policing teams better police your neighbourhood.



www.yourcommunityalerts.co.uk

The Tredington News Page

Tredington & Stoke Orchard WI

Tredington & Stoke Orchard WI next meet on **Tuesday, February 12th at 7:30pm** in Tredington Village Hall. Stewart Linford will be giving us a talk entitled "The Wicked Wit of Winston Churchill: His tastes & Vices". Visitors & new members are always welcome.

Thanks to everyone who supported the WI Coffee Morning to raise funds for specialist breast cancer diagnostic equipment for the Cobalt Unit in Cheltenham. We raised a wonderful £238.00.

Tredington Village Telephone Box Library

The redundant phone box in the village was turned into a free **bring & take library** a few years ago. (bring one/take one) Please do use it! the more books exchanged the greater the number of books to read. Please



do not leave books on the floor as not only does this crowd the small space, but someone has to clear them away! If anyone would like to help keep the box clean & tidy, please contact Paddy on 01684 294053.

I should also mention that there is a **Defibrillator** in the box too.

Tredington & Stoke Orchard Gardening Club

Tredington & Stoke Orchard Gardening Club will next meet on Monday, February 18th at 7:30pm in Tredington village Hall. Our speaker will be Adrian James whose talk will be: "Heavenly Beauty, Earthly Delight".

At our AGM in November, Paddy Grimshaw & Val Vedmore agreed to continue as joint chairmen, Camilla Hope & Myrtle Ireland are the new Programme secretaries, & Roger Grimshaw continues as treasurer. Any queries please ring Paddy on 01684 294053. We are delighted to welcome visitors or new members. The sub for the year is £10 & members pay £1 per meeting which covers coffee & a raffle ticket. Visitors pay £2 a meeting.

Village Hall Improvement Committee

Village Hall Improvement Committee will be holding another whist Drive on **Friday, March 1st at 7pm** in Tredington Village Hall. Tickets will be £7 which includes Tea/coffee & homemade cakes. Please reserve your tickets early as this event gets booked up quite quickly! Contact Val Bishop on 01684 290142.



Play reading is fun!

Moves are afoot to begin a play reading group
in
Tredington Parish Hall.

Might you be interested
in taking part?

There will be a friendly,
non-threatening meeting on

THURSDAY 7th FEBRUARY
at
7.00 p.m.

to start us off

If you might be attending please contact
Coral Pepper (Tewkesbury Library Volunteer) who will
bring scripts to suit the number of readers
01684 290537
cpepper@globalnet.co.uk

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Parish Council News

Your Parish Councillors are:-

Cllr Richard Chatham, Cllr Lisa Holmes, Cllr Andrew Troughton, Cllr James Gilder,
Cllr Heather Webber Cllr Alan McDonald

Contact Details – through the Clerk - Mrs Jules Owen

S.O and T P.C. phone:-07763 250303 email- stokeorchardpc@gmail.com

. Minutes of Past Meetings are to be found on the Parish Council Website.

www.stokeandtredeington.co.uk

Extracts from the Parish Council meeting held on 8th January 2019

The Councillors discussed the possibility of moving the Annual Parish Meeting to a different date from the Annual General Meeting of the Parish Council which by regulation is the May Meeting and in an election year as this has to be within 14 days of the Election. It was agreed to keep the two on the same date but to have an Open Evening in the Community Centre to allow all organisations within the Parish including the Parish Council to introduce themselves and familiarise residents with what we have within the Parish.

Unfortunately due to the absence of both our Borough and County Councillors, neither reports were available.

The Borough Council had circulated a Questionnaire regarding the progress of the Parish NDP, it was agreed to advise the TBC that as we had now employed Miss Pellegram to organise our NDP action would soon be under way.

Following agreement to launch a new Parish Council website and the demise of the existing one, December and January minutes will be available online in the new website as soon as it is online. Apologies for any problems caused in the meantime.

Discussion was had on the future of the Newsletter. The annual cost was now in the region of £2500 per year and the Councillors suggested that many of the residents could receive them online. Already nearly 100 are sent out online so this edition contains a questionnaire if you would like to receive the Newsletter on line. Please check the advert.

Under Planning matters, the Council considered a Permit to alter the agreed landscaping plan on the Pennycress Estate Banady Lane. The Parish Council agreed to ask the Borough Council Planning Office to revisit this plan and ensure that the trees planted to replace those cut down are of a vintage Perry Pear genus and suitably protected and marked. Furthermore the area around the Perry Pear tree that was subject of the appeal should be cleared and the tree inspected.

At the beginning of the Meeting during the Public Participation time, questions were asked about the number of lorries driving through Stoke Orchard. There had been a steady increase over recent time and speeds were increasing. The Chairman reported that the Speed Awareness team were now visiting both Tredington and Stoke Orchard on a regular basis and the experience was that initially the speed of vehicles was being reduced.

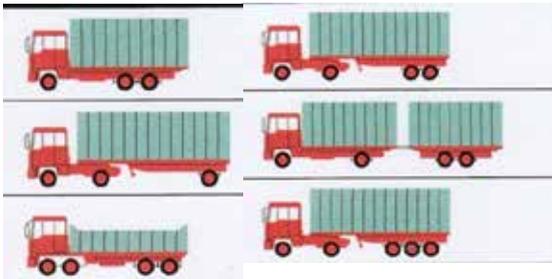
In recognition to the point raised on lorries breaking the weight limit, the Parish Council has agreed to raise the awareness within the Parish once more and encourage residents to do their bit by recording oversize vehicles travelling through Stoke Orchard or down Bozards Lane Tredington. A meeting is already programmed with County Highways to highlight the problem. Letters have been sent this week to Tewkesbury Borough Council, Grundon, and Gloucester City Council all of whose vehicles have been seen breaking the limit recently. Two further companies have been contacted for over size lorries and lorries exceeding the speed limit in the Parish in a manner dangerous to other road users. The weight restriction in Stoke Orchard and Bozards Lane prohibits vehicles over 17.5Tonne Gross Vehicle weight. As a general rule all 4 wheel lorries are UNDER that limit and all 6 wheel and 8 wheel (3 axle and 4 axle) are OVER.



We are trying to improve traffic conditions. Parish Councillors do not get paid, they do not get payment to cover time but they do work hard to maintain quality of life in the Parish. Please do your bit by helping us.

If you want to help the, **these top vehicles with up tp 4 wheels and two axles are allowed through the Weight limit area.**

These vehicle with three or more axles are NOT allowed through the weight limit



area. They are allowed to deliver inside the area – but not drive through without delivering. If you see any of these, take time, the vehicle number or name of the owners on the side of the vehicle and we will report them.

The next meeting will be held on Tuesday 5th February at 7.00pm.

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The Orchard Store and Amy's Coffee Shop needs your custom!

The Shop can only survive if you keep using it. Spread the word! Being compact and bijou allows us to give you a more personal and welcoming experience but still providing a shop full of delights and every day necessities! Don't forget that if we don't stock it please ask as we will try and order it. **Don't forget Valentines on the 14th. We have chocolates and Bubbles!!**

Stoke Orchard Community Centre

The hall is already getting booked up for 2019 which is brilliant. The hall is self-funding, therefore every booking counts!

We have a Wrestling evening on the 16th February for all the family, get your tickets from www.southwestwrestling.co.uk

We are holding a Race Night on the 22nd February and showing some of the games of the 6 Nations Rugby. First games on the 2nd February on the large screen in the main hall. Bar will be open!

The hall is an amazing place to hold classes and corporate seminars. Please enquire using the emails below.

Don't forget we have a brilliant 13-seater Community Mini Bus that can be hired at very reasonable rates! Please contact bookings.sotcb@gmail.com to book!

Any queries please contact booking@stokeorchardcommunitycentre.co.uk or info@stokeorchardcommunitycentre.co.uk

Six Nations Rugby



At Stoke Orchard
Community Centre!



All Saturdays - See dates below:

- 2nd February – Scotland vs Italy – **14:15**
- 2nd February – Ireland vs England – **16:45**
- 23rd February – France vs Scotland – **13:15**
- 23rd February – Wales vs England – **16:45**
 - 16th March – Wales vs Ireland – **14:45**
 - 16th March – England vs Scotland – **17:00**

Come and enjoy a drink and watch the matches on our four metre screen!

The atmosphere, the thrills, the tries and the banter. Almost as good as being at the match!



Church Services in January

February 3rd	Candlemas	9.30 am	Morning Worship	Tredington
February 10th	4th before Lent	9.30 am	Holy Communion	Stoke Orchard
February 17th	3rd before Lent	9.30 am	Holy Communion	Tredington
February 24th	2nd before Lent	9.30 am	Holy Communion	Stoke Orchard

Recycling & Waste Collection dates

Stoke Orchard & Tredington BLUE: Thursday 14 February, Thursday 28 February.

GREEN: Thursday 7 February, Thursday 21 February.

Local Buses

(Marchants 01452 426265), GCC concessionary passes enquiries.
01242 257714 Marchants Operation details.

Local Buses can now be found under Gloucester Minibuses
www.nationaljourneyplanner.travelinesw.com/swe-ttb/TTB/EFA01__0000124e_TP.pdf

Please note there are problems with the current published timetable but we will update as soon as information is available and Timetables will be available at the shop as soon as possible.

Curate	Rev Kay Mundy	01452 780634	revkaymundy@gmail.com
Hon Associate Minister	Reverend Tom Curtis, Stonehills Tewkesbury, GL20 5FB	01684 295298	
Readers	Mrs Vivienne Troughton Tredington, Tewkesbury GL20 7BW	01684 293540	
Children & Young People	Vivienne Troughton	01684 293540	
Tredington Primary School	Mrs Jane Dunwell Head Teacher	01684 293617	admin@tredington.gloucs.sch.uk www.tredington-school.ik.org
Tredington Teddies Playgroup & Tredington Teddies Baby & Toddler Group	Tina Taylor – Playleader/Manager Children aged 2 years to school age Monday to Friday 9am – 3pm Morning sessions 9am – 12.30pm	01684 293617	info@tredingtonteddies.org.uk www.tredingtonteddies.org.uk Stoke Orchard Community Centre Wednesdays, 9.30am – 11.00am £1.50 entry, no need to book
Village Hall/Stoke Community Centre Bookings	See pages 4 and 5		

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